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PRE-OPERATIVE INSTRUCTIONS FOR MOH'S PROCEDURE

MOHS Micrographic Surgery is a procedure that is performed in stages that often requires the removal of multiple layers. Once the cancer is successfully removed, a final stage of closure is performed. This process can take 2-8 hours and we ask that you do not make plans for the rest of the day.

Between stages there is approximately a 45-minute wait time.

- It has been shown that washing the entire body from your neck down with Hibiclens (Chlorhexidrine 4%) for two days before the surgery reduces post-operative infection. Even if the lesion is on your face or scalp, cleansing the body will reduce the chance of spreading bacteria please take care to avoid the eyes and ears when washing. It can cause permanent damage to the eyes and ears. This can be purchased at your local pharmacy and is located in the First Aid aisle.
- We recommend you wear comfortable clothing that does not pull over your head, e.g., a top that buttons.
- You may eat a normal meal before your appointment.
- You MAY continue your prescription medications.

Due to space restrictions, we ask that only one family member or support person comes with you to your appointment.

Appointments for Moh's Surgery are always in Suite 801.

If any questions please contact us at 267-759-6240.

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MINIMIZE SURGICAL SCARRING

Scarring after surgery is typically minimal, near invisible, and fades away with no treatment. However, in some circumstances further treatment is desired to help scars blend with the surrounding skin and reduce their appearance. Listed below are treatment options we recommend for before and after your procedure when scar reduction is requested.

We offer the following procedures in our office at a dramatically reduced cost to our surgical patients:

Botox® (Botulinum Toxin Type A)

Studies show *pre-operative* Botox° injections improve scar cosmeses for lesions on the forehead. *Please inquire with your dermatologist prior to your procedure, because treatment 2 weeks before surgery yields the best results.*

Laser therapy

Improves contour and decreases redness.

We also recommend these additional treatment options and suggestions for scar reduction:

- Topical Creams -
 - Silicone based gels such as Stratpharma Strataderm Scar Therapy Gel.
- Scar-reduction Pads

Such as ScarAway® (available in our office) or Curad® Silicone Strips (available online and at your local pharmacy).

Sun Protection

SPF 30-50 with UV A&B protection is recommended. We carry an excellent line of effective sunscreens in our office.

A NOTE REGARDING POST-PROCEDURE WOUND CARE

After your procedure, you will need to administer wound care to the surgery site for 1-2 weeks following your procedure. Additionally, an appointment for removal of sutures may be required 1-2 weeks following your procedure. We do not recommend travel during this time. Please consider the necessity for post-procedure care when scheduling your Mohs surgery with our practice